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Transcultural Nurse

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Howell Nature Center

MICHIGAN HOLISTIC NURSES' ASSOCIATION

ANNUAL

CONFERENCE/RETREAT

Back to Nature

September 27-29, 2013

with

Day Trip Option Sept. 28



Acknowledgement

We wish to acknowledge generosity of Nancy Courtney RN, Roxane Chan RN, PhD, and Alice Goodall, RN for this year's MHNA Conference/Retreat. Their generous 'in kind' donations have contributed to keeping registration costs low.

Come join us for networking

Visit Mhnanews.org

For retreat info

call: (248) 345-1485

MHNA is a Networker of AHNA

Howell Conference & Nature Center

1005 Triangle Lake Rd
Howell, Michigan 48843

Directions:

(517) 546-0294

<http://howellnaturecenter.org>

This activity has been submitted to the American Holistic Nurses Association (AHNA) for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

9 contact hours have been applied for through AHNA.

A Certificate will be issued upon evidence of successful completion of requirements.

About Our Speakers

Dena Bowen has been a Bowenwork Practitioner since 2008 and became an Associate Bowenwork Instructor in 2012. She often does free Bowenwork for kids days. Her education includes Bachelor of Science in Clinical and Community Psychology.

Alice Goodall RN, BSN Has been a nurse for 25 years, is a Certified Master Herbalist, and currently works in an Integrative Wellness Center. She also teaches courses on Herbal Medicine and Natural health.

Dan Whittacre is a certified Herbal Tincture Specialist. He is always seeking learning opportunities with various herbal mentors/teachers. He has been an enthusiastic user, grower, harvester, and wild crafter of herbal medicine for well over eight years.

Nancy E Courtney, RN, MSN, CTN-A has been a RN for 52 years with 25 years in Critical Care. She began teaching at Mc Auley School of Nursing, University of Detroit Mercy. She is certified in Transcultural Nursing since and a member of MHNA since 2005. She looks forward to teaching participants how to honor the cultures of our clients from the cultures represented in the Heifer Global Villages.

Joan Hutchinson is a writer, artist, and natural media artist who lives in Ann Arbor. She combines her degree in Educational Psychology with her intuitive Native American interest to create crafts that honor a person's own healing path.

Register early by providing a \$50 deposit as quickly as possible. Space is limited and this event is expected to be sold out at these low prices. The deadline for full registration is Fri. Sept. 13, 2013. With our low pricing we cannot accept cancellations after Sept. 13th unless your space is filled by someone on our waiting list. Registrations canceled before September 13 is subject to a \$25.00 fee.

Comfortable walking shoes, rain jacket for the weather is recommended as much of our time will be spent outdoors. (Bookstore/gift shop is available.)

About The Program

Our purpose is to offer a self care opportunity for nurses to "heal, grow, and be wild" in nature like the Howell Nature Center's motto. As we get "Back to Nature" we will learn how, with mother nature, we can heal and grow ourselves and our global community. As we spend the day exploring nature and the Heifer Global Villages at Howell Nature Center we will set and share intentions to benefit our own health as individuals, as nurses and for our clients, patients and families for the collective good of all. A rustic casual atmosphere for relaxation, adventure, and making new friends awaits.

Full weekend attendees begin their journey of nature on **Friday evening** as we concentrate on renewing our bodies. You will experience the stress leaving your bodies through Bowen Therapy and various hands on healing techniques. For more information see: **Saturday morning**: we learn about **Healing with Nature** during an **herb walk** led by Herbalist Dan Whittacre. Bring a field guide to plants to see what you can find in the woods. He will also show us how to dry herbs and make tinctures.

Saturday Afternoon: Our own Nancy Courtney is a certified **transcultural nurse**. She will teach us how we can honor the culture of our patients from 4 different continents and cultures during a presentation in the **Heifer Global Village**. Learn what to expect if you were on a mission trip in these cultures.

Saturday evening there will be a campfire at dusk - a great time to share our experiences. **Sunday morning**: Joan Hutchinson will lead us in exploring...**Native American traditions**, with spiritual healing for our patients and us.

Approval for contact hours through the AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific product or modality in the care of clients."

Registration

MHNA Annual conference/Retreat

Name _____

Address _____

City/State/Zip _____

Phone _____

E-Mail _____

Please check the appropriate box(es) below:

MHNA member ----- \$185.00
 Non-member ----- \$225.00
 MHNA member dues & retreat-\$220.00
 Saturday only member-----\$85.00
 Saturday only non-member---- \$ 105.00
 Add Saturday dinner buffet \$10.00
 Zip Line outdoor experience (no charge)
 Rock climbing experience ---- \$11.00
 Vegetarian meals (no charge)

Total enclosed= _____

Full weekend fee includes all presentations, 6 meals, 2 night's lodging-with shared room with bathroom in each room. You must provide your own linens, including towels, sheets, blanket or sleeping bag. Boxed lunch is provided for the Saturday only attendees. Add the Saturday dinner buffet for Saturday only if you wish to stay for evening meal.

Make check payable to **Michigan Holistic Nurses' Association**. Send completed form with payment to:
Kathy Oakford
22939 Elmgrove St.
Farmington Hills, MI 48336

A confirmation letter with additional details and map to the Howell Nature Center will be sent to paid registrants.